



The
**23rd Annual
BHF Conference**
CAPE TOWN ICC | 4-8 MAY 2024



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Draft programme

CONFERENCE THEME

The theme of this year's conference is 'Beyond Barriers: Navigating the Future for Sustainable Healthcare'.

Theme summary

Health systems worldwide currently face significant challenges that impact healthcare affordability, access and sustainability. These include a myriad of factors, such as political dynamics, geopolitical influences, the effects of climate change on health, the changing demands for new capabilities, increased competition from non-traditional players, workforce shortages, escalating healthcare costs and quality of care, among others.

Amidst this intricate landscape, there's a growing need for dialogue on strategies and insights to help organisations build sustainable and resilient health systems.

This year, our conference will feature experts who will share strategies, innovative solutions and case studies on how the ecosystem can collaborate to achieve environmental sustainability, social accountability and financial stability.

Clinical Workshops - Saturday 4 May 2024: full-day programme

Session theme: **Healthcare professionals at the core of shaping a person-centric health system for sustainability**

Who should attend: Medical professionals: doctors, medical advisors, nurses, physicians and other healthcare professionals seeking to advance their clinical skills and stay updated on the latest advances in healthcare.

The session will be CPD accredited.

CONFERENCE DETAILS

Exhibition Setup

4 May 2024
06h00-24h00

Golf Challenge

4 May 2024
11h00 till late

Governance Workshop

5 May 2024
09h00-15h00

Opening Ceremony

5 May 2024
17h00-22h00

Exhibition

6-8 May 2024
07h00-18h00

Delegate Registration

6 May 2024
07h00-10h30

Plenary Sessions

6-8 May 2024
08h00-12h00

Titanium Awards Gala Event

6 May 2024
19h00 till late





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Topics to be covered include:

- Why health systems strengthening is everyone's business
- Understanding population health
- Sustainability of practice management
 - Understanding multidisciplinary practice
 - Managing the finances
- Ethics
- AI: Navigating the balance between threats and opportunities for doctors
- Preventative healthcare – the vital role of healthcare professionals
- Antibiotics – are we misusing them?
- Alternative reimbursement models
 - Risk-based capitation.

Sunday 5 May 2024 - Governance Workshop

Workshop theme: **Building resilience for the future sustainability of medical schemes in the region**

Session summary: The session aims to unpack innovative strategies for building resilience within medical schemes, tackling issues such as affordability of healthcare, high claims trends, out of pocket payments and costs while maintaining the sustainability of premiums. Attendees will gain valuable insights into strengthening governance frameworks, navigating regulatory challenges, examining the role of trustees and ensuring the long-term viability of medical schemes. Additionally, the session will explore the potential ramifications of the pending Conduct of Financial Institutions Bill (COFI Bill) and its impact on the medical scheme environment.

Join us in shaping a future where medical schemes stand as pillars of a resilient and inclusive healthcare ecosystem in the region.

Who should attend:

- All health funders
- Principal officers and boards of trustees
- CEOs
- Fund managers
- Healthcare professionals.

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Topics include:

- Trustees' role in ensuring medical scheme sustainability
- Current state of affairs – our reality (regional perspective)
- Governance
- Understanding AI
- AI governance: designing a human central framework for sustainable healthcare in Africa
- Regulatory power abuse – leading from behind.

Sunday 5 May 2024 – Opening Ceremony

Session theme: **Navigating the future for sustainable healthcare**

Guest speaker:

Symmetrical asymmetries: connecting the dots in a battle for healthcare sustainability - *a systematic review of the myths and facts surrounding medical scheme sustainability.*

Political analyst:

Politics; elections: sustainability - *Navigating the future for sustainable healthcare*

Keynote:

Beyond limits – *embracing a future with endless possibilities.*

Networking cocktail function

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Monday 6 May 2024 – Plenary Session

Plenary theme: Tipping point – Building resilient health systems

Session 1

Session summary: Global insights and predictive scenarios

Discover key insights into the current state of global healthcare and why it's at a tipping point. Explore analyses and challenges in the African region, emphasising the importance of sustainability for healthcare's future.

This session explores various potential paths the healthcare industry could take through predictive scenarios and aims to envision the industry's future by exploring these paths and their impacts.

Tea break

Session 2

Session summary: Innovation and case studies

This session will focus on navigating future trends in healthcare, emphasising innovative solutions. The session aims to unleash the potential for a healthcare future that meets the changing needs of the global community.

Three interesting case studies will provide insight into how different health systems overcame obstacles. The case studies highlight current problems and offer creative solutions, giving a futuristic view. Join us for insights from real-world examples, fostering dialogue on building a robust healthcare system for the future.

Lunch



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Session 3

Session summary: **Industry leadership and roadmap to sustainable healthcare**

This session will feature a panel discussion focused on actionable strategies that outline a roadmap for ensuring the sustainability of the healthcare sector. It will explore the necessary leadership from within the sector to guarantee its self-sufficiency and resilience in the face of evolving challenges.

Titanium awards gala banquet

Theme – 'Futuristic elegance'



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Tuesday 7 May 2024 – Plenary Session

Session 1

Plenary theme: Integrated delivery systems: Fostering healthcare sustainability by addressing fragmentation

Multisectoral round table discussion

Session summary: The goal of integrated health systems is to improve the overall quality of care, enhance patient experiences and achieve better health outcomes while optimising the use of resources. These systems aim to break down silos in healthcare delivery, fostering collaboration among healthcare providers for more effective and efficient care delivery.

In this session, discussions will delve into integrated delivery systems and why they are important for the sustainability of the healthcare ecosystem.

Tea break

Session 2

Stream 1: TBC

Stream 2: Climate resilience in healthcare: A navigation towards sustainable futures

Stream 3: Regional harmony – Exploring opportunities in the African region

Lunch



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Session 3

Stream 4: Integrating value-based care models for improved outcomes and long-term sustainability of healthcare

Stream 5: Fostering sustainability through progressing person-centric health systems: innovative strategies

Stream 6: Fostering collaboration through innovative technologies to combat fraud, waste and abuse in healthcare

Tea break

Session 4

Stream 7: Access to medicines – Sustainable delivery models that leave no one behind

Stream 8: Striking the balance: low-cost benefit designs for sustainable growth in healthcare: the only way out?

Stream 9: Exploring innovative technologies and AI in healthcare: expanding access

Evening at leisure



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Wednesday 8 May 2024 – Plenary Session

Session theme: **Beyond barriers and beyond the perfect storm - what's next?**

Session summary: This session is the highlight for all attendees, providing crucial insights into regulatory reforms shaping the future of healthcare. Panellists will explore the current policy landscape, analysing intent vs realities, and discuss necessary changes for policy-makers to ensure healthcare sustainability.

With the National Health Insurance (NHI) process advancing, legal experts have been invited to dissect its implications for the healthcare industry in South Africa. Additionally, the session will include a critical examination of the role of competition laws in fostering healthcare affordability. A key focus will spotlight the regulatory responses essential for building a resilient health system capable of navigating beyond current barriers.



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